# Lesrooster 2021

| Maandag | Dinsdag | Woensdag | Donderdag | Vrijdag | Zaterdag | Zondag |
|---|---|---|---|---|---|---|
| **09:00 –Binnen**<br>*Bodypump*<br><br>**16:30– Buiten**<br>*Cycling*<br><br>**17:30 – Binnen**<br>*Bodypump*<br><br>**18:30 – Buiten**<br>*Bodypump*<br><br>**19:30 – Binnen**<br>*Bodybalance*<br><br>**20:30 – Buiten**<br>*Kickboksen* | **08:30 –Buiten**<br>*BBB*<br><br>**17:30 – Buiten**<br>*BBB*<br><br>**18:30 – Buiten**<br>*Bodypump*<br><br>**19:30 – Binnen**<br>*Pilates*<br><br>***20:30* – Buiten**<br>*Hatha Yoga* | **08:30 –Binnen**<br>*BBB*<br><br>**17:30 – Buiten**<br>*Bootcamp*<br><br>**18:30 – Buiten**<br>*Kickbox*<br><br>**19:30 – Buiten**<br>*Bodypump*<br><br>**20:30 – Buiten**<br>*Cycling* | **07:30 –Buiten**<br>*Bodypump*<br><br>**16:30 – Zaal**<br>*Zumba*<br><br>**17:30 – Buiten**<br>*Bodypump*<br><br>**18:30 – Binnen**<br>*Piloxing*<br><br>**19:30 – Binnen**<br>*Bodybalance*<br><br>**19:30 – Buiten**<br>*BBB* | **09:00 - Buiten**<br>*Bootcamp* | **08:30 – Buiten**<br>*Cycling*<br><br>**09:30 – Binnen**<br>*Pilates*<br><br>**10:30 – Buiten**<br>*Bodypump* | **09:30 – Buiten**<br>*Bodypump*<br><br>**10:30 – Binnen**<br>*Zumba* |

NEWSTYLE HEALTHCENTERS

**Betaalbaar sporten in echte luxe!**