

LIVESTREAM GROEPSLESROOSTER

16-11 T/M 18-11

	Maandag	Dinsdag	Woensdag
9:30	Bodyshape	Bodypump	Bodyshape
10:30	Yoga	Pilates	Pilates
11:40	Pilates	Yoga	Yoga
17:25			Grit Strenght
18:00	Bodyshape	Yoga	Bodypump
19:05	Bodycombat	CX Worx	Bodybalance
20:10	Bodybalance	Sh'bam	Zumba